



**Portland Massage and Chiropractic Services LLC**  
8800 S.E. Sunnyside Rd. Clackamas OR 97015  
Email: drjeffdougal@yahoo.com

**Dr. Jeffrey Dougal, D.C., L.M.T.**

**NPI #: 1669624375 & 1962844324**

**Phone: 503-347-7668**  
**Fax: 503-828-1576**  
Chiropractic License #: 3680

**Name and Date of Birth (required):** \_\_\_\_\_ **Date:** \_\_\_\_\_

Did Any Part of Your Body Hit Anything Inside the Vehicle? No / Yes (Circle One)

If Yes, Explain: \_\_\_\_\_  
\_\_\_\_\_

Were You Able To Get Out of the Vehicle Without Assistance? Yes / No (Circle One)

Did Any Emergency Services Come to the Scene (Police, Fire Dept., Ambulance/Paramedics)? Yes / No

Where Did You Go After the Accident, And How Did You Get There?: \_\_\_\_\_

Did You Go To the Emergency Room / Urgent Care / Your Own Doctor ? (Circle One)

How Long After the Accident?: \_\_\_\_\_

If You Have You Been Treated By Another Physician, Who? (Name, Address, Phone):

\_\_\_\_\_  
\_\_\_\_\_

Were Any X-Rays, Lab Work, and/or Treatment Done? Please Describe: \_\_\_\_\_

\_\_\_\_\_

Dates of Any Hospitalization From This Accident: \_\_\_\_\_

What are you not able to do as a result of this accident?: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please List All Previous Accidents/Injuries/Hospitalizations/Surgeries: \_\_\_\_\_

\_\_\_\_\_

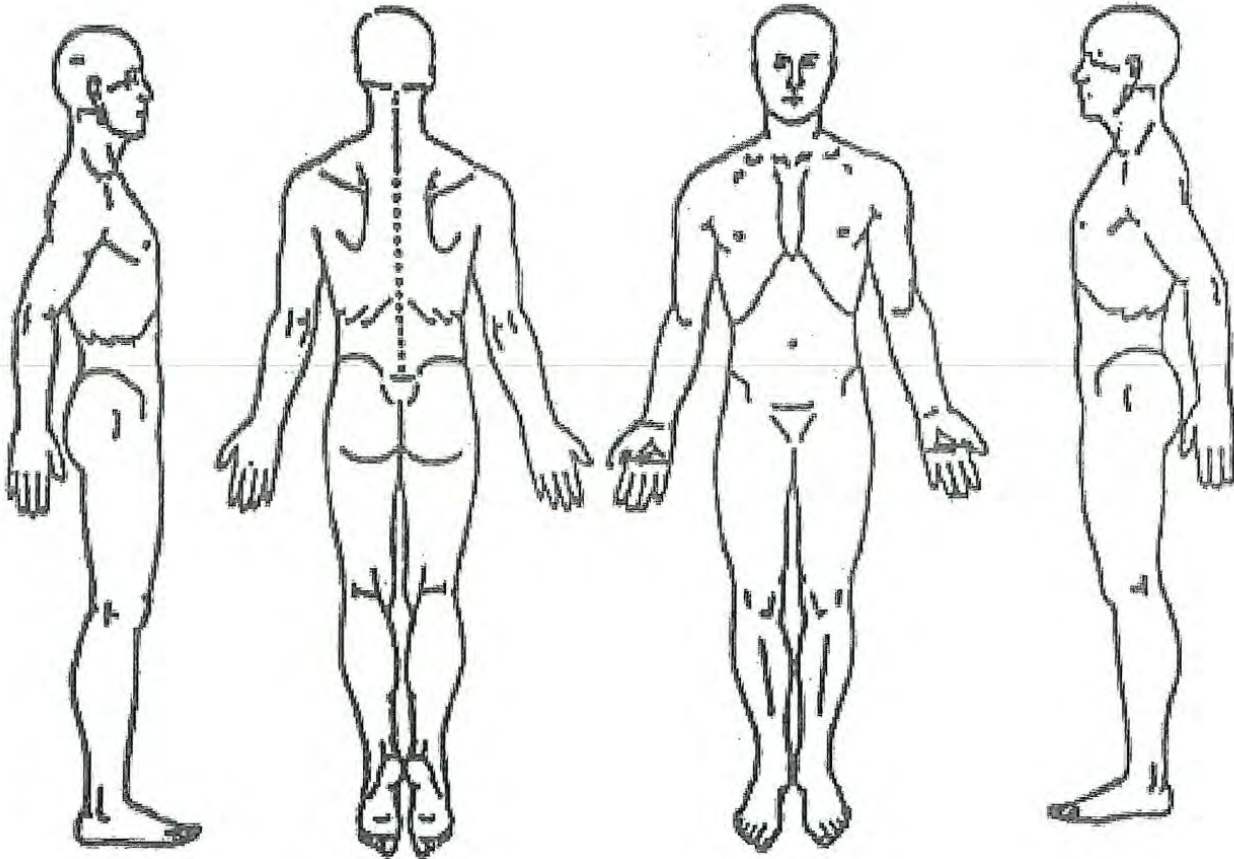
\_\_\_\_\_

\_\_\_\_\_

**Name and Date of Birth (required):** \_\_\_\_\_ **Date:** \_\_\_\_\_

Please mark area(s) of injury or discomfort as shown in the example below. Mark all areas with the appropriate symbols and indicate the degree of pain using a scale from 1 (discomfort) to 10 (extreme pain).

|              |          |                |         |        |          |
|--------------|----------|----------------|---------|--------|----------|
| Description: | Numbness | Pins & needles | Burning | Aching | stabbing |
| Symbols:     | NN       | PP             | BB      | AA     | SS       |



**FAMILY HISTORY**

|  |  |
|--|--|
| <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Seizures                  |
| <input type="checkbox"/> Coronary Artery Disease | <input type="checkbox"/> Headaches                 |
| <input type="checkbox"/> High Cholesterol        | <input type="checkbox"/> Mental Illness/Suicide    |
| <input type="checkbox"/> Stroke                  | <input type="checkbox"/> Alcohol or Drug Addiction |
| <input type="checkbox"/> Respiratory Disease     | <input type="checkbox"/> Other: _____              |





**Name and Date of Birth (required):** \_\_\_\_\_ **Date:** \_\_\_\_\_

**HABITS**

|   |   |
|---|---|
| <input type="checkbox"/> <b>Tobacco</b> <input type="checkbox"/> <b>Alcohol</b> | <input type="checkbox"/> <b>Ibuprofen</b>                   |
| <input type="checkbox"/> <b>Over the Counter Drugs</b>                          | <input type="checkbox"/> <b>Hormones</b>                    |
| <input type="checkbox"/> <b>Laxatives</b>                                       | <input type="checkbox"/> <b>Barbiturates</b>                |
| <input type="checkbox"/> <b>Vitamin/Mineral Supplements</b>                     | <input type="checkbox"/> <b>Average Hours Sleep / Night</b> |
| <input type="checkbox"/> <b>Stimulants</b>                                      | <input type="checkbox"/> <b>Cups of Coffee / Day</b>        |
| <input type="checkbox"/> <b>Tranquilizers, Sedatives</b>                        | <input type="checkbox"/> <b>Recreational Drugs</b>          |
| <input type="checkbox"/> <b>Narcotics</b>                                       | <input type="checkbox"/> <b>Exercise</b>                    |
| <input type="checkbox"/> <b>Antacids</b>  | <input type="checkbox"/> <b>Massage</b>                     |
| <input type="checkbox"/> <b>Aspirin</b>   | <input type="checkbox"/> <b>Other</b> _____                 |

Have you ever been treated by a Chiropractor before and how was your experience?: \_\_\_\_\_

**CONSENT TO TREATMENT**

I hereby request and consent to the performance of chiropractic adjustments and other chiropractic procedures including various modes of physical therapy, as well as diagnostic procedures such as x-rays, on me, or on the patient named below, for whom I am legally responsible.

I authorize the release of any medical or other information necessary to process a claim. I also request payment of government benefits either to myself or to the party who accepts assignment. I authorize payment of medical benefits to the provider of services.

I certify that the preceding questions have been answered truthfully and completely to the best of my knowledge. I understand that in chiropractic, as in medicine there are some risks. Whereas I am relying on the doctor's knowledge, training, and expertise, I do not expect the doctor to be able to anticipate and explain all risks and complications. I also am aware that I am an active participant in all treatments, and I am able to stop treatment any time that it does not feel right for me.

With the full understanding of the above, I request to be a patient of Dr. Jeffrey Dougal D.C., L.M.T., and waive all claims and damages from personal injury, except willful injury. I further understand that health care providers cannot guarantee the result of treatment.

**Patients Name (Please Print):** \_\_\_\_\_

**Signature of Patient or Guardian:** \_\_\_\_\_

**Date:** \_\_\_\_\_

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[DO NOT SIGN BELOW UNTIL INSTRUCTED TO DO SO AFTER VERBAL CONFERENCE WITH THE TREATING PHYSICIAN]

The treating physician has verbally explained the procedures that will/could be performed for my treatment, the alternatives to my treatment at this office, the risks of treatment, and gave me an opportunity to ask questions: